



Kinesiology - B.S. at Northern Illinois University (NIU)

Earn college credit while in high school by taking advantage of dual credit and/or Advanced Placement (AP) options.

FIRST YEAR			
✓ First Semester			Hours
	ENG 103*	Composition I	3
	CSD 100	The College Experience	3
	BIO 111*	General Biology Lecture & Lab	4
	MAT 150	College Algebra	4
Semester Total			14

✓ Second Semester			
			Hours
	ENG 104*	Composition II	3
	MAT 208*	Introductory Statistics	4
	BIO 258*	Anatomy and Physiology I	4
	PSY 102	Introduction to Psychology	3
Semester Total			14

SECOND YEAR			
✓ First Semester			Hours
	BIO 259*	Anatomy and Physiology II	4
	PE 162	First Aid and Emergency Response	3
	IAI SOCIAL SCIENCE	Select from General Education link below	3
	IAI FINE ARTS	Select from General Education link below	3
	HLT 206*	Contemporary Health Concepts	3
Semester Total			16

✓ Second Semester			
			Hours
	HLT 201*	Human Nutrition	3
	COM 100	Oral Communication	3
	HIT 216	Medical Terminology	3
	CHE 110*	Basic Chemistry	3
	CHE 111*	Basic Chemistry Lab	1
	IAI HUMANITIES	Select from general link below	3
Semester Total			16

Requirements: All courses with an asterisk* require a grade of "C" or better.

If interested in accelerated B.S. in Kinesiology/ M.S. in Athletic Training, the following courses will be needed: PSY 150 & PHY 151

Link to General Education (IAI) course options:
kish.edu/ASdegree

This is only a guide. Please contact transfer institution for current information and consult with the Kishwaukee College Academic Advising Office. Please refer to college website and/or catalog for any changes to curriculum for your program of study.