



Physical Education- B.S. at Northern Illinois University (NIU)

Earn college credit while in high school by taking advantage of dual credit and/or Advanced Placement (AP) options.

FIRST YEAR			
✓ First Semester			Hours
	ENG 103*	Composition I	3
	CSD 101 or ENG 111	Career Planning or College Study Skills	2
	COM 100	Oral Communication	3
	IAI MATH	Select from General Education link below	3-4
	PE 250	Physical Ed for Children	3
Semester Total			14-15

SECOND YEAR			
✓ First Semester			Hours
	BIO 258*	Anatomy and Physiology	4
	IAI FINE ARTS	Select from General Education link below	3
	IAI PHYSICAL SCIENCE	Select from General Education link below	3
	IAI SOCIAL SCIENCE	Select from General Education link below	3
	HLT 206*	Contemporary Health Concepts	3
Semester Total			16

✓ Second Semester			
			Hours
	ENG 104*	Composition II	3
	EDU 201	Introduction to Education	3
	IAI HUMANITIES	Select from General Education link below	3
	PSY 102	Introduction to Psychology	3
	BIO 111*	General Biology Lecture & Lab	4
Semester Total			16

✓ Second Semester			
			Hours
	IAI HUMANITIES/ FINE ARTS	Select from General Education link below	3
	HLT 201*	Human Nutrition	3
	BIO 259*	Anatomy and Physiology II	4
	PE 162	First Aid & Emergency Response	3
	PSY 225	Psych Childhood & Adolescence	3
Semester Total			16

All foundational studies courses, NIU's KNPE 200, and any courses with an asterisk* require a grade of "C" or better.

Program requires a minimum GPA of 2.75 or higher.

Program requires proof of First Aid/CPR certification each semester.

Link to General Education (IAI) course options:
kish.edu/AAdegree

This is only a guide. Please contact transfer institution for current information and consult with the Kishwaukee College Academic Advising Office. Please refer to college website and/or catalog for any changes to curriculum for your program of study.