

## Complementary Health Programs Advisory Committee

**Meeting Date:** October 15, 2025

### **External Participants:**

Delinda Johnson – Manager, Lifestyle Family Chiropractic  
Chrystal Ciodyk- Owner, Chrystal Clinic and current student  
Colleen Morris – Director, WM Day Spa  
Linsey Ramos – Regional Manager, Hand and Stone Spa  
Cassandra Stratton - Director, Corporate Massage, Tricoci Salon & Spa

### **Internal participants:**

Jessica Berek - Dean, Health Sciences  
Leslie Ciaccio - Coordinator of Allied Health Programs  
Julie Freeman - Faculty, TPM  
Terry Lyn Funston - Director of Curriculum & Program Development  
Laura Gregory - Coordinator of Employment & Job Placement Services  
Barbara Leach - Vice President of Instruction  
Kimberly Morgan – Faculty, TPM

- I. Introductions/Approval of Spring 2025 meeting minutes as distributed
- II. College Updates
  - A. Updates for this Academic Year
    - i. All-In tuition began in Summer 2025.
    - ii. Enrollment for Fall 2025 is up 5.4%.
    - iii. The College is working with ReUp Education to find students that are close to completion but have stopped active participation.
    - iv. Conference Center is updated and reopened.
    - v. Upcoming Health Sciences Open House, October 16, 5pm-7pm.
  - B. FY26 College Goals were reviewed, including updating the College website, implementing retention software, and developing a plan for the greenhouse.
- III. Program Updates
  - A. Program Enrollment
    - i. There are 7 students enrolled in the Esthetics Program, and all are on track to graduate on May 16, 2026. There were 11 graduates in the program in spring 2025.
    - ii. There are 8 students currently enrolled in the therapeutic massage program and are on track to graduate on July 30, 2026. There were 5 graduates in summer 2025.

**B. Curriculum Updates**

- i. Topical outlines for EST 110, Esthetics Procedures I; EST 111, Esthetics Clinic; EST 120 Esthetics Procedures II; EST 121, Advanced Esthetics Clinic and EST 130, Esthetics Licensure Seminar are being revised.
  - 1. This will update the content, eliminate redundant wording, and better reflect the current delivery of the courses.
  - 2. The proposal has been reviewed by the Esthetics Department and will then be taken to the Health Sciences Division on October 21 and the Kishwaukee College Curriculum Committee on November 20 for informational purposes.

**C. Clinic Update**

- i. The Esthetics clinic will begin on October 21 and will be held on Tuesdays and Thursdays. The therapeutic massage clinic will open on January 17 and will be open on Saturday mornings.

**D. Following up on Advisory Committee Recommendations**

- i. Add-on Services: In response to the advisory committee business partners' previous recommendation, the esthetics clinic will begin offering add-on services this semester, including foot scrubs and hand and arm herbology treatments.
  - 1. This initiative is designed to provide students with practical experience in promoting services and increasing sales, helping them build confidence and develop real-world skills.
- ii. The business partner recommendation to encourage students to promote client rebooking is also being initiated this year.

**E. Continuing Education Classes**

- i. 2026 is a license renewal year for Massage Therapists, with all licenses set to expire on December 31, 2026. This presents a great opportunity to expand continuing education offerings.
- ii. Business partner suggestions included: lymphatic drainage, prenatal massage, oncology massage (massage for medically fragile individuals), cupping, Thai (table) massage and medical massage.

**IV. Business Partner Updates**

**A. Employment outlook/Labor market data**

- i. The U.S Bureau of Labor Statistics states that employment of massage therapists is projected to grow 15% from 2024 to 2034, which is much faster than the average for all occupations but down from 18% last spring.
- ii. Employment of skincare specialists is projected to grow 7% from 2024 to 2034, much faster than the average for all occupations but down from 10% last spring.

B. Trends in the field

- i. Have there been any recent changes in the demand for Massage Therapists?
  - 1. Johnson reported having trouble finding Massage Therapists with a focus on medical massage.
  - 2. Increased demand for oncology massage.
  - 3. Stratton reported that sales are up compared to last year and applicants are also slightly up. They have also started offering their employees incentives for add-ons and rebooking on the same day of service.
- ii. Have there been any recent changes in the demand for Estheticians?
  - 1. Stratton suggested offering Dermaflash as an add-on service.

V. Additional questions or feedback

- A. Freeman shared information regarding new legislation that will require everyone to take a 1-hour class about melanoma education. Further discussion suggested it should be added to a class so that students can do it as part of the curriculum. This is effective January 1, 2026.