



# Kinesiology - B.S. at Northern Illinois University (NIU)

Earn college credit while in high school by taking advantage of dual credit and/or Advanced Placement (AP) options.

FIRST YEAR			
✓ First Semester			Hours
	ENG 103*	Composition I	3
	CSD 100, 101 or ENG 111	The College Experience, Career Planning or College Study Skills	2
	COM 100	Oral Communication	3
	BIO 111	General Biology Lecture & Lab	4
	MAT 150	College Algebra	4
<b>Semester Total</b>			<b>16</b>

SECOND YEAR			
✓ First Semester			Hours
	BIO 258	Anatomy and Physiology	4
	PE 162	First Aid and Emergency Response	3
	IAI SOCIAL SCIENCE	Select from General Education link below	3
	IAI FINE ARTS	Select from General Education link below	3
	HLT 201	Human Nutrition	3
<b>Semester Total</b>			<b>16</b>

✓ Second Semester				Hours
	ENG 104*	Composition II	3	
	MAT 208	Introductory Statistics	4	
	CHE 110	Basic Chemistry	3	
	CHE 111	Basic Chemistry Lab	1	
	PSY 102	Introduction to Psychology	3	
	IAI HUMANITIES	Select from General Education link below	3	
<b>Semester Total</b>			<b>16-18</b>	

✓ Second Semester				Hours
	HLT 206	Contemporary Health Concepts	3	
	BIO 259	Anatomy and Physiology II	4	
	HIT 216	Medical Terminology	3	
	PHY 150	Introductory Physics	3	
	PHY 151	Introductory Physics Lab	1	
	ELECTIVE	Any 100 or 200 Level Course	1	
<b>Semester Total</b>			<b>15</b>	

**NIU Requirements:** All courses with an asterisk\* require a grade of "C" or better.

**Link to General Education (IAI) course options:**  
[kish.edu/ASdegree](http://kish.edu/ASdegree)

*This is only a guide. Please contact transfer institution for current information and consult with the Kishwaukee College Academic Advising Office. Please refer to college website and/or catalog for any changes to curriculum for your program of study.*