



Physical Education- B.S. at Northern Illinois University (NIU)

Earn college credit while in high school by taking advantage of dual credit and/or Advanced Placement (AP) options.

FIRST YEAR			
✓ First Semester			Hours
	ENG 103*	Composition I	3
	CSD 100, 101 or ENG 111	The College Experience, Career Planning or College Study Skills	2
	COM 100	Oral Communication	3
	MAT 101, 208, 210, 211 or 229*	IAI Math General Education Requirement	3-4
	HLT 206	Contemporary Health Concepts	3
Semester Total			14-15

SECOND YEAR			
✓ First Semester			Hours
	BIO 258	Anatomy and Physiology	4
	IAI FINE ARTS	Select from General Education link below	3
	IAI PHYSICAL SCIENCE	Select from General Education link below	3-4
	IAI SOCIAL SCIENCE	Select from General Education link below	3
	HLT 201	Human Nutrition	3
Semester Total			16-17

✓ Second Semester				Hours
	ENG 104*	Composition II		3
	PE 200	Introduction to Phys Ed		2
	ELECTIVE	Any 100 or 200 level course		3
	PSY 102	Introduction to Psychology		3
	BIO 111	General Biology Lecture & Lab		4
Semester Total			15	

✓ Second Semester				Hours
	IAI HUMANITIES/ FINE ARTS	Select from General Education link below		3
	IAI HUMANITIES	Select from General Education link below		3
	BIO 259	Anatomy and Physiology II		4
	ELECTIVE	Any 100 or 200 level course		3
	ELECTIVE	Any 100 or 200 level course		3
	IAI SOCIAL SCIENCE	Must be from different discipline than previous social science		3
Semester Total			19	

NIU Requirements: All courses with an asterisk* require a grade of "C" or better.

Recommended Electives:

- EDU 201: Introduction to Education
- PE 250: Physical Education for Children
- PSY 225 : Psych Childhood & Adolescence

Link to General Education (IAI) course options:
kish.edu/AAdegree

This is only a guide. Please contact transfer institution for current information and consult with the Kishwaukee College Academic Advising Office. Please refer to college website and/or catalog for any changes to curriculum for your program of study.